

Point Loma High School
Vanguard

Trip Itinerary
Rancho Buena Vista Field Tournament
October 13, 2018

12:30PM—	CALL TIME ALL VANGUARD in the music center
12:45PM—	Load instruments onto trucks
1:00PM—	Load buses—don't forget street clothes
1:15PM—	Depart for show site
2:15PM—	Arrive at Rancho Buena Vista
3:00PM—	Warm-up Rehearsal
4:30PM—	Standing by
4:45PM—	Field Performance
9:00PM—	Awards
9:45PM—	Depart for PLHS
10:45PM—	Approximate arrival at PLHS, dismissal

Care for all of your uniform and grooming needs before leaving PLHS!!

Performance Check List:

Below is a list for you to look over. Remember that uniformity is essential to a superior performance.

- Hair: clean and off the collar—no “flyaways”
- Men: shave
- White t-shirt under your uniform
- Black long socks—No exceptions!
- Black gloves
- Wear athletic shorts under your uniform—no long pants under your uniform
- No jewelry or earrings—this includes watches and bracelets that can be seen when you raise your arms
- Inhalers and personal items
- Color Guard: individuals pack and load your own flag bags and equipment

Instrument Reminders

- Reed players: you should have at least three working reeds with you for this show
- Saxes and bass clarinets: neck straps should be plain and black
- Brass: all slides and valves need to work easily. Clean your horns and bring valve oil

Other tips...

It's a long day—you may wish to bring extra snacks and a reusable water bottle to get you through the day.

Eat a healthy breakfast and lunch before you arrive on Saturday.

You will be changing out of uniform at the show site after your performance; bring a change of clothes for afterwards. It may get cold, so it is advised to bring layers to change into.

Remember to take care of yourself throughout the week prior to the show day. Be sure to hydrate, eat, and get enough sleep.

ATTENTION:

Students are to ride district provided transportation to and from the event.

We will be continuing the tradition called “silent bus.” As the bus exits the freeway, you are asked to be silent to allow yourself and others to mentally prepare on what lies ahead. This means that phones and electronics should also be stored. Do this as a matter of PRIDE in Vanguard and all the hard work you have put into your preparation.

Students must stay on campus at RBV.

Students must be respectful in the stands during other bands’ performances and awards. All school rules apply, and there will be a zero tolerance policy for any behavior going against school rules.

Students are encouraged to support the host school by purchasing concessions on site; we ask that parents refrain from bringing meals purchased off site to students.

Encourage your family and friends to attend the performance.

RANCHO BUENA VISTA HIGH SCHOOL
1601 Longhorn Drive
Vista, CA 92081

Tickets: \$15 General, \$10 Seniors, \$10 Military w/ID, \$10 Students w/ID, Kids under 3 are free